

Oxley Park Academy
January 2026

BeActive

NEWS



Sharing everything

ACTIVE @

Oxley Park Academy.



BE ACTIVE, BE HEALTHY, HAVE FUN!

IN THIS EDITION:

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BeActive

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BE ACTIVE, BE HEALTHY, HAVE FUN!

BeActive updates

Wow! What an active start to the year we've had here at Oxley Park Academy. We have so much to share, from the introduction of Drumba and Bikeability, to new swimming lessons in Year 4, and MK Dons: The Joy of Moving in Year 5 – we truly have been on the move!

Please take some time to sit back and read through this newsletter to learn more about the wonderful activities and opportunities our children have been enjoying at Oxley Park.

Don't forget, we love to celebrate your children's active achievements, both in and out of school. Please share them with us so we can showcase these successes here in future newsletters! Please email any achievements to Mrs Lyttle via the office email.

BeActive inspiration...

Congratulations to Mrs. Clinton and Miss Page for successfully completing a Balance Bikeability course!

Thanks to their hard work, our school has received six brand-new balance bikes. They will now be leading exciting balance-bike lessons, helping our children begin their bike-riding journey with confidence and fun. Balance bikes are a fantastic way for children to begin their cycling journey. By focusing on balance rather than pedals, they help children build confidence, coordination, and control at their own pace. This natural progression makes the transition to a pedal bike smooth, easy, and enjoyable - setting young riders up for a lifetime of cycling fun! We can't wait to see them in action!



NEWS



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BeActive Before School..

BeActive Before School Highlights

We experienced a delightful Autumn Term in our Be Active Before-School sessions. These gatherings included both team practices and opportunities for entire year groups to come together.

We will now be sharing details of our Before School Be Active sessions half a term in advance, giving families more time to plan. You should have received this information in a recent email.

These sessions run from 8:00–8:30 AM, Monday to Thursday, after which children are safely guided to their classrooms ready for the school day.

BeActive Spring Term

This term the following BeActive Before School sessions will be.....

BeActive @ Drumba Year 3-6

BeActive @ Badminton Years 3 and 4

BeActive @Badminton Years 5 and 6

BeActive @ Rugby Years 3 and 4

BeActive @ Rugby Years 5 and 6

BeActive @ Football Years 3 and 4



BEFORE SCHOOL



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BeActive After School...

We are thrilled to launch our new Be Active After-School clubs for the Spring Term, running from 3:00–4:00 PM.

A wide range of activities are available, including sports, crafts, computing, dance, forest school, and more. The full timetable can be found in the email sent out earlier this week.

BeActive new external company

Mrs Lyttle has been in contact with a fantastic external company, Motus Dance School, who will be running dance clubs at both school sites. During these sessions, children will learn a full, professionally choreographed dance routine over several weeks. Once the routine is complete, pupils will have the amazing opportunity to take part in an external dance competition, performing alongside other schools.

Thursdays at Oxley – Contemporary Dance

Fridays at Shenley Wood – Bollywood Dance

This is a brilliant opportunity for children to build confidence, develop dance skills, and experience performing in a real competition environment.

If you would like to find out more about Motus Dance School, please visit their website:

<https://www.motusdance.co.uk/schools-dance-clubs>



AFTER SCHOOL



Be

BeActive In School

BeActive @ Drumba

Our Drumba in-school lessons have been a huge hit with the children this term! Drumba is a fun, high-energy activity that combines drumming, movement and music to create an exciting fitness experience. Through Drumba, children improve coordination, rhythm and fitness while also building confidence and teamwork skills. Most importantly, it's a fantastic way to stay active while having loads of fun. If children would like to further extend their love of Drumba, they can also join our Drumba after-school clubs.

BeActive @ Bikeability

Wow! What a success Bikeability has been this year! We are delighted to share that we have achieved a staggering 94% of children taking part. Bikeability plays an important role in helping children develop essential road safety awareness, confidence and independence when cycling. These skills support healthy lifestyles and help children stay safe as they grow. This fantastic achievement reflects the enthusiasm of our pupils and the continued support from families.

BeActive with MK Dons

We were thrilled to welcome MK Dons into school this term to deliver their Joy of Moving programme! The sessions gave children the chance to take part in fun, active games that develop fitness, coordination, and teamwork skills, all while encouraging a lifelong love of movement.



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IN SCHOOL



BeActive @Play...

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BeActive @ OPAL



This term we launched our new music walls at both sites and the children have loved making music and exploring different sounds outdoors. It has been great to listen to!

We are thrilled to announce the arrival of brand-new table tennis tables this term, kindly purchased by FOOPA! These fantastic new tables will give children the chance to have fun, challenge themselves, improve hand-eye coordination, and enjoy friendly matches with their friends during break and lunch times. We can't wait install the and see our pupils making the most of this exciting addition to the playground. A big thank you to FOOPA for helping to make this amazing resource possible!

Donations for OPAL

To keep our playground looking fabulous and engaging, we need to ensure we have the right resources and equipment that the children can use. We are currently requesting donations of the following items:

- Loose parts for building activities
- Home corner resources, such as role-play foods
- Wheelie boards or skateboards
- Various types of balls
- Materials for building dens

Thank you for your support!



@PLAY



Be

BeActive Outside School

BeActive @ Cross Country

A huge congratulations to our school cross-country team for an amazing performance at their event last term!

The children showed incredible determination and resilience as they tackled the course. Their team spirit and support for one another was truly inspiring, and they all gave 100% from start to finish. We are so proud of every member of the team for taking on this challenge with such enthusiasm and courage. Well done to all – you've done yourselves and the school proud!

BeActive @ Football

Another huge congratulations to our school football team for their fantastic performance last term! The children have shown incredible skill, teamwork, and determination on the pitch, and their sportsmanship and commitment have made the whole school proud. Well done to every player – your hard work and team spirit really shone through!

BeActive @ Swimming Gala

Finally, a big well done to our school swimming team for their brilliant performance at the swimming gala this term! The children showed fantastic resilience, determination, and team spirit in every race, supporting each other throughout the event. Their dedication and hard work paid off, and we are incredibly proud of every swimmer who represented our school. Well done to all – you truly made a splash!

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OUTSIDE SCHOOL



Be

BeActive Outside School

BeActive @ Swimming

Oxley Park Academy would like to celebrate a truly outstanding achievement by Phoebe in Year 6! Phoebe shows exceptional dedication to her swimming, training three times a week and spending many weekends competing at swim galas. Her commitment and determination are truly inspiring.

We are delighted to share that her hard work has been rewarded with a trophy for placing second in her age group at her swim club championships- an incredible accomplishment. Even more exciting, Phoebe has achieved an impressive six county qualifying times and will proudly represent her club at the Bedfordshire County Swimming Championships in February.

This is a remarkable milestone in Phoebe's swimming journey, and the entire Oxley Park Academy community is immensely proud of her success. Congratulations, Phoebe!

BeActive - Inspirations

We love to celebrate your children's active achievements, both in and out of school. These successes not only highlight their hard work but can also inspire and motivate others to get involved and aim high. Please share your child's achievements with us so we can showcase them in future newsletters. Kindly email any achievements to Mrs Lyttle via the school office email.

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